

**CINERGY® CONFLICT MANAGEMENT COACHING**

SUMMER 2023 VIRTUAL TRAINING

PLEASE KEEP THIS SESSION SCHEDULE

**Note:** Before registering for class, ensure that you have the time in your schedule to commit to classes and practice times during the training schedule below.

**INTERCESSION (Between Class) PRACTICE SESSIONS**

**July 28 – July 31 1.5-hour Intake with Student Coach Partner only**

(45 minutes each)

**Two hours per person – done in pairs with mentor from August 4th-10th**

**Two hours per person – done in the same pairs with mentor from August 11-21st**

Participants are paired and assigned a CINERGY certified Coach Mentor who guides the coaching practices. Scheduling is coordinated among the three of you using your mutual choice of platform i.e. Zoom, Microsoft Teams, Google, etc.

**ALL IN-CLASS SESSIONS ARE HELD ON TUESDAYS AND FRIDAYS**

Classes begin at 8:00 am Pacific/10:00 am Central/11:00 am Eastern USA

For those outside of the U.S., use the time zone converter [**here.**](https://www.timeanddate.com/worldclock/converter.html)

**Before 1st Day of Class** Pre-Reading Required

**Session #1 – July 28** 2-hour class

**Asynchronous Self-Study** Between 1-2 hours

**Session #2 – August 01** 2-hour class

**Session #3 – August 4** 2-hour class

**Asynchronous Self-Study** Between 2-3 hours

**Session #4 – August 8** 2-hour class

**Session #5 – August 11** 2-hour class

**Asynchronous Self-Study** Between 1-2 hours

**Session #6 – August 15** 2-hour class

**Session #7 – August 18** 2-hour class

**Asynchronous Self-Study** Between 1-2 hours

**Session #8 – August 22** 2-hour class