

**CINERGY® CONFLICT MANAGEMENT COACHING**

Spring 2022 VIRTUAL TRAINING

PLEASE KEEP THIS SESSION SCHEDULE

**Note:** Before registering for class, ensure that you have the time in your schedule to commit to classes and practice times during the training schedule below.

**ALL IN-CLASS SESSIONS ARE HELD ON TUESDAYS AND FRIDAYS**

Classes begin at 8:00 am Pacific/10:00 am Central/11:00 am Eastern USA

For those outside of the U.S., use the time zone converter [**here.**](https://www.timeanddate.com/worldclock/converter.html)

**Before 1st Day of Class** Pre-Reading Required

**Session #1 – March 4** 2-hour class

**Asynchronous Self-Study** Between 1-2 hours

**Session #2 – March 8** 2-hour class

**Session #3 – March 11** 2-hour class

**Asynchronous Self-Study** Between 2-3 hours

**Session #4 – March 15** 2-hour class

**Session #5 – March 18** 2-hour class

**Asynchronous Self-Study** Between 1-2 hours

**Session #6 – March 22** 2-hour class

**Session #7 – March 25** 2-hour class

**Asynchronous Self-Study** Between 1-2 hours

**Session #8 – March 29** 2-hour class

**INTERCESSION (Between Class) PRACTICE SESSIONS**

**March 5 – March 14 1.5-hour Intake with Student Coach Partner**

(45 minutes each)

**Two hours per person – done in pairs from March 11-17**

**Two hours per person – done in the same pairs from March 18-25**

Participants are paired and assigned a CINERGY certified Coach Mentor who guides the coaching practices. Scheduling is coordinated among the three of you using your mutual choice of platform i.e. Zoom, Microsoft Teams, Google Hangouts, etc.